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Special thanks is given to Ms. Angela Foley, MS, MT(ASCP), Department of Clinical Laboratory Sciences, LSUHSC School of Allied Health in New Orleans, LA for the use of some of her images of blood cells and for her assistance in the art of creating image files.





This is the second module of a 4-part study exercise regarding the CBC. The 4 parts are entitled:

- CBC Part 1 The hemogram
- CBC Part 2 WBC differential & blood morphology
- CBC Part 3 RBC morphology & platelet estimate
- CBC Part 4 Post-test

The review of hematopoiesis and blood cell morphology (i.e., Hematology Atlas located on the LSUHSC server) is recommended as a prerequisite for the CBC exercise.





Feedback as to the quality and usefulness of this exercise is solicited and suggestions for improvement are welcomed. Please forward your remarks by E-mail cwalte@lsuhsc.edu

or via US MAIL:

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The directions for navigating through the exercise are given on the next 3 pages. They are the same as those used in the other modules of this 5-part exercise. Click on:



to visit the directions before continuing with the exercise.





to go directly to the Main Menu.



Directions, continued

The following directional icons are provided throughout the exercise for your convenience. You can click on:

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in the <u>upper left</u> hand corner of every page to return to the <u>previous page</u>

menuin the upper right corner of the page toreturn to the Main Menuselection.



Directions, continued

You can click on:



in the <u>lower right</u> corner of the page to <u>continue</u>.



in the <u>lower right</u> corner of the <u>Main Menu</u> page to <u>Quit</u> (i.e., end the exercise).



Directions, continued

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> "Hot points" (symbols, words, phrases) have been inserted on the pages as navigational tools and can be identified by their "gold" color. If it's "gold", click on it to move to the next text/data entry. Also, sounds have been added in a few places for emphasis.

> Caution, failure to follow the structured order of the "hot points" may result in confusion. If you use the mouse without placing the cursor directly on the "hot point", you may skip over vital information.

Remember, if it's gold, click on it. Try it!



Special Comments

This exercise has numerous images. You may note that, when a page contains images, there may be a rather long delay before you regain control of the cursor. Please be patient. I think you will find the images are worth the wait.

NOTE:

Some animation and/or interactive affects may be lost if you attempt to replay a page by returning to the previous page and then advancing to that page again.

Now, click on the gold to begin.



CBC - Part 2

The Complete Blood Cell Count (CBC) Part 2 WBC Differential Count & Morphology





MAIN MENU

- Introduction & Review of WBC Morphology
 - Manual differential WBC count
 - Total WBC count vs. differential WBC count
 - Relative % vs. absolute number
 - Review: mature & immature WBC; nonneoplastic WBC alterations; neoplastic WBC alterations







Introduction & Review of WBC Morphology







Evaluation of the distribution and morphology of white blood cells is one of the most valuable procedures used in examination of the blood. The information obtained may furnish the diagnosis, serve as a guide to therapy and as an indicator of harmful effects of radiotherapy and chemotherapy.







continued

A study of white blood cell morphology and distribution of blood cells is an essential part of the clinical description of practically every disease. A normal number and distribution of cells in the blood are so important as physiologic constants that some authorities say the absence of disease cannot be determined until this information is available.





What WBC are present in normal peripheral blood?

In <u>normal</u> peripheral blood, there are three basic types of leukocytes (illustrated below).

1. granulocytes neutrophils

2. lymphocytes normal atypical (few)









eosinophils





3. monocytes





menu





Are white blood cell abnormalities associated with disease?

An abnormal number and/or distribution of leukocytes (WBC) may be seen in disease. Immature WBC and/or WBC with abnormal alterations may also be seen. The immature and abnormal cells are distinguishable from normal cells by their morphologic characteristics.

Recognition and identification of these abnormalities play a major role in the diagnosis and treatment of true blood diseases and numerous other pathologic processes.

Review immature and abnormal WBC Or w/o review

Examples of immature WBC:



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myeloblasts













Examples of granulocytes in various stages of maturation:

- 1 late myeloblast or early promyelocyte
- 2 late promyelocyte or early myelocyte
- 3 myelocyte
- 4 metamyelocyte
- **5** band neutrophil
- 6 <u>mature</u> segmented neutrophil (PMN)
- 7 eosinophil



8 Whoa! That's not a WBC. It's a nucleated RBC but will also be included in the total WBC count.



menu

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Now, Can you Identify the stages of granulocytes just illustrated?

- 1 late myeloblast or early promyelocyte
- 2 late promyelocyte or early myelocyte
- 3 myelocyte
- 4 metamyelocyte
- **5** band neutrophil
- 6 <u>mature</u> segmented neutrophil (PMN)
- 7 eosinophil





menu

8 NRBC



Overview of the stages of granulocytes menu just illustrated:

- 1 late myeloblast or early promyelocyte
- 2 late promyelocyte or early myelocyte
- 3 myelocyte
- 4 metamyelocyte
- **5** band neutrophil
- 6 <u>mature</u> segmented neutrophil (PMN)
- 7 eosinophil



8 NRBC review granulocytes again or continue



Another look at the granulocytes just illustrated:

- 1 late myeloblast or early promyelocyte
- 2 late promyelocyte or early myelocyte
- 3 myelocyte
- 4 metamyelocyte
- **5** band neutrophil
- 6 <u>mature</u> segmented neutrophil (PMN)
- 7 eosinophil



8 NRBC



menu



Examples of WBC with acquired non-neoplastic alterations:

neutrophils

in bacterial infections



with Dohle bodies and/or toxic granulation in megaloblastic anemias



with nuclear hypersegmentation (ie, > 5 lobes) lymphocytes

menu

in viral infections



with reactive (atypical) changes

inherited disorders



Examples of WBC with inherited menu non-neoplastic alterations:

Pelger-Huet Anomaly



hyposegmented nuclei

Alder-Reilly Anomaly



cytoplasmic black granules

May-Hegglin Anomaly



cytoplasmic blue bodies

Chediak-Higashi Syndrome



cytoplasmic large black granules





Examples of neoplastic WBC alterations:

hairy cell leukemia

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hairy cell lymphocytes

acute myelocytic leukemias



myeloblasts w/ Auer rod(s)





What can be learned from a differential WBC count?

Because the total WBC count does not differentiate WBCs as to cell lines, a differential WBC count ("diff") is performed to provide information regarding the frequency distribution of WBCs and to identify increases or decreases when they occur in one or more of the cell lines.

A morphologic study of the various blood cells (i.e., WBC, RBC, & platelets) is made during the differentiation process to detect and identify atypical and/or abnormal cells.



menu



What methods can be used for the differential WBC count ?

The differential WBC count and blood cell study may be performed by one of several methods, e.g.:

 A manual microscopic examination of a Wright's (or Wright's Giemsa) stained peripheral blood smear.

OR

 An automated multi-channel instrument (in this exercise, it is a Coulter STK-S 5-part differential), which is discussed in the automated CBC section.



menu



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This concludes the Introduction to the Differential WBC Count. Select one of the following:

Go to <u>Manual Differential WBC Count</u>, the next section, to continue with the exercise as designed.

OR

Return to the Main Menu and make an alternate selection.



Manual Differential WBC Count







A peripheral blood film (made from a drop of blood from an EDTA anticoagulated tube or skin puncture) is stained with Wright (or Wright-Giemsa) stain and microscopically examined using scanning (10x), high-dry (40x), and oil (100x) objectives.

Refer to the Clinical Pathology 202 Course Manual for the complete procedure.





What studies will be performed on the stained blood smear?

A complete differential WBC count ("diff") which includes identification of mature and (if any) immature WBC and description of WBC morphologic alterations.

Complete description of RBC morphology which includes (if any) a description of RBC morphologic alterations and, if present, the number of NRBC per 100 WBC.

Intellet estimate of adequacy which includes (if any) abnormal morphologic alterations, distribution, and clumps.



menu





continued:

This section is limited to the differential count and morphology of white blood cells.

RBC morphology and platelet estimate discussions are addressed later in other sections.





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How are the WBC identified and classified?

Typical nuclear and cytoplasmic morphologic features provide a means by which WBC can be identified and classified as to:

cell line (i.e., granulocytes [neutrophils, eosinophils, or basophils], <u>lymphocytes</u>, or <u>mono-</u> cytes)

naturity (i.e., mature cell or specific immature stage of development).

bnormal morphology (i.e., nuclear or cytoplasmic alterations)







How are the WBC differentiated and enumerated?

At least 100 WBC are counted and a tabulation is made as to the number of each leukocytic cell type included in the count.

The 100 cell count provides the <u>RELATIVE</u> number (or percent) of each white blood cell type present in the peripheral blood.







How can you determine whether there is an increase or decrease of one or more of the cell lines?

Increases or decreases in a white blood cell line (or type) can then be determined by comparing the number obtained on the differential count with established reference ranges.




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Reference Range (Relative %)

Reference ranges (values considered to be normal) for differential WBC counts may vary among laboratories, but are usually about:

8.				
segmented neutrophils 50-70%	band neutrophils 0- 5%	eosinophils 1-5%	lymphocytes 20-40%	monocytes 1-6%







What terminology is used to indicate an increased or decreased number of a specific white blood cell line?

<u>Cell Line</u>	Increased:	Decreased:
Neutrophils	Neutrophilia	Neutropenia
Lymphocytes	Lymphocytosis	Lymphocytopenia
Monocytes	Monocytosis	Monocytopenia
Eosinophils	Eosinophilia	Eosinopenia
Basophils	Basophilia	Basopenia



Review Morphology?

Review WBC morphology

or

continue without review

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WBC in Normal Blood (Adults):









menu

PMN

band (neutrophils)

eosinophil

basophil





ATL (few)

monocyte

lymphocyte (atypical lymphocyte)



Examples of immature WBC:



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myeloblasts



monoblasts









Examples of granulocytes in various stages of maturation:

- 1 late myeloblast or early promyelocyte
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- 3 myelocyte
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- **5** band neutrophil
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- 7 eosinophil



8 It's a nucleated RBC but will also be included in the WBC count.





Examples of WBC with acquired non-neoplastic alterations:

neutrophils

in bacterial infections



with Dohle bodies and/or toxic granulation in megaloblastic anemias



with nuclear hypersegmentation (ie, > 5 lobes) lymphocytes

menu

in viral infections



with reactive (atypical) changes





Examples of WBC with inherited menu non-neoplastic alterations:

Pelger-Huet Anomaly



hyposegmented nuclei

May-Hegglin Anomaly



cytoplasmic blue bodies

Alder-Reilly Anomaly Chediak-Higashi Syndrome



cytoplasmic black granules

cytoplasmic large black granules





Examples of neoplastic WBC alterations:

hairy cell leukemia



hairy cell lymphocytes

acute myelocytic leukemias



myeloblasts w/ Auer rod(s)







Examples of nucleated RBC in various stages of maturation.



(earliest form w/ nucleoli)





orthochromatophilic erythroblast (last stage before extrusion of nucleus)



basophilic erythroblast (ill-defined or absent nucleoli)









This concludes the Manual WBC Differential Count and Morphology section. Select one of the following:

Go to Total WBC Count vs. Differential WBC Count, the next section, to continue with the exercise as designed.

OR

Return to the Main Menu and make an alternate selection.





Total WBC Count vs. Differential WBC Count





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How does the differential WBC count differ from the total WBC count?

The total WBC count reflects the total number of all leukocytes in circulation but does not differentiate leukocytes as to their various cell lines (e.g., neutrophils, lymphocytes), stage of maturity, (e.g., band, metamyelocyte), or abnormalities when present (e.g., toxic granulation, hypersegmented nuclei).

A differential WBC count must be performed to provide that information.







csw Isuhsc 2001 "Diff" - provides frequency distribution (relative % and absolute number/ μ L, e.g. total WBC = 10,000/ μ L):

neutrophils, mature 65% 6500/μL



eosinophils 3% 300/μL

basophils

1% 100/μL



Iymphocytes 28% 2800/μL







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<mark>monocytes</mark> 3% 300/μL







Total WBC count - mature and (if present) Isuhsc immature WBC w/o differentiation, e..g.:



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blpsomy&Regute metamyelesite



















"Subscience of the second seco

mature











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neutrophil eosinophil basophil lymphocyte monocyte

immature









blast promyelocyte myelocyte

metamyelocyte



neutrophilic band



"Diff" - provides frequency distribution (relative % and absolute number e.g., total WBC=50,000/µL):

neutrophil, mature 50% 25000/μL

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neutrophil, bands 15% 7500/μL

metamyelocyte 12% 6000/μL

myelocyte 7% 3500/μL

promyelocyte, 2% 1000/μL











blast 1% 500/μL







basophil 3% 1500/μL

lymphocyte 5% 2500/μL

monocyte 0% 0/μL







menu **Total WBC count - normal and abnormal** Isuhsc WBC without differentiation, e.g.: acquired WBC alterations

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"Diff" - differentiates abnormal WBC with acquired alterations, e.g.:

to to the segmented neutrophils



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reactive/atypical lymphocytes



Total WBC count - normal and abnormal menu WBC without differentiation, e.g.: inherited WBC alterations



"Diff" - differentiates abnormal WBC with inherited alterations, e.g.:





































Chediak-Higashi Syndrome

Total WBC count - normal and (if pre-²⁰⁰¹ sent) neoplastic WBC w/o differentiation: e.g., leukemic alterations







This concludes the Introduction to the Differential WBC Count. Select one of the following:

Go to <u>Relative % vs. Absolute Number</u>, the next section, to continue with the exercise as designed.

OR

Return to the Main Menu and make an alternate selection.



Relative % vs. Absolute Number





Relative % is based on the differential count of 100 white blood cells and reflects the per cent of each cell type present in circulation.

If the total number of white cells in circulating blood is known and the relative per cent of each white cell type is known, then the absolute number of each cell type per μ L of blood can be calculated.





For example: given a patient with a total WBC count of $8,000/\mu$ L and the differential WBC count shown below (i.e., the number observed for each cell type in the 100 white cell count):

Segmented neutrophils60%Band neutrophils5%Lymphocytes30%Monocytes2%Eosinophils2%Basophils1%



menu

csw Isuhsc 2001 **continued**:

Then the absolute number of each cell type/ μ L can be calculated by multiplying the per cent of each cell type by the total number of WBC/ μ L.

Segmented neutrophils60%Band neutrophils5%Lymphocytes30%Monocytes2%Eosinophils2%Basophils1%

Total = 100%



= 8,000



	are the <u>relative</u> reference ra kocytes?	nges ^{menu}		
Cell Type	Reference Ranges (Rela	Reference Ranges (Relative %)		
Neutrophils	40-72 (PMN)	0-5 (bands)		
Eosinophils	0-6			
Basophils	0-0.2			
Lymphocyte	es 24-45			
Monocytes	0.4 - 10			

menu

Do the relative values always indicate which cell line is ↓ or ↑?

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If the total WBC count is "normal" (i.e., within the established reference range), the relative values are a good reflection of the number of each cell type present, including increases or decreases.

However, if the total WBC count is abnormal (i.e., increased or decreased), the relative percentage must be converted to an absolute number of each cell type present in order to determine which cell line is involved.





How is the relative % converted to an absolute number ?

For each white blood cell line, multiply the percentage of cells counted (i.e., during the 100 cell count) by the total white blood cell count to obtain the absolute number for the cell line.

Total WBC/μL x relative % = absolute no./μL

For example:





and the relative distribution of leukocytes on the peripheral blood smear is as shown below:



How are the absolute numbers determined?



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How are the absolute numbers calculated (total WBC = 8,000/μL)?



Neutrophil (mature segmented)



Neutrophil (band)

5 (8,000 x 0.05) 400/μL



csw Isuhsc continued: 2001 Cell Type Relative %



menu



Eosinophil



Lymphocyte



Monocyte

2 (8,000 x 0.02) 160/μL

25 (8,000 x 0.25) 2,000/μL

3 (8,000 x 0.03) 240/μL


csw Isuhsc	Total WB	C 8,000/μL x R	elative %:
2001 Cell	Туре	Relative %	Absolute No.
Neu (matu	phil re segmer	65 nted)	5,200/μL
10	nil (ban	d) 5	400/μL
	il	2	160/μL
	yte	25	2,000/μL
		3	240/μL
		Total 100	8,000/μL



What are the absolute reference ranges for leukocytes?

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The total WBC count reference range for adults is 4,500-11,000/ μ L at Charity & University Hospitals, but may vary slightly among laboratories:

CELL TYPE	RELATIVE %	ABSOLUTE NO./µL
Segmented neutrophils	42 - 72	1800 - 8000
Neutrophilic bands	0 - 5	0 - 550
Eosinophils	1 - 6	45 - 550
Basophils	0 – 0.2	0 - 200
Lymphocytes	24 - 45	1100 - 5000
Monocytes	0.4 - 10	200 - 1100

Reference Ranges







In this case, did the relative per cents reflect the absolute numbers ?

The total WBC count was within the reference range.

The relative per cent for each cell type was within reference range.

Therefore, because both the total and relative frequencies are within reference ranges, the relative % is a reflection of the absolute numbers in terms of normal or abnormal.





However, given a patient whose total WBC is 15,000/μL,

with a relative distribution of leukocytes on the peripheral blood smear the same as the previous patient: menu



Is the interpretation the same for both patients?



What are the calculated absolute numbers in this case (i.e., total WBC = 15,000/µL)?

 $15000 \times 0.65 = 9750$ segmented neutrophils

 $15000 \times 0.05 = 750$ band neutrophils

- $15000 \times 0.02 = 300$ eosinophils
- **15000 x 0.25 = 3750 lymphocytes**
- 15000 x 0.03 = 450 monocytes

The relative per cents are normal, but how do these absolute numbers compare with the established reference ranges?



csw Isuhsc 2001	Are the absolute numbers still within the reference ranges?					
		Absolute No./µL				
<u>Cell Type</u>		Patient		Reference Ranges		
Neut	rophils (mature)	9750	н	1800 - 8000		
Ne	(bands)	750	н	0 - 550		
E		300		0 - 600		
L		3750		1100 - 5000		
M		450		200 - 110	0	

ISUIISC	nparison of rela absolute numb	
Cell Type	Relative %	Absolute No.
Neutrophil (mature segme	65 Nented)	9,750/μL
Neutrophil (bar	າd) 5 N/ິ	Η 750/μL
Eosinophil	2	300/μL
Lymphocyte	25	3,750/μL
Monocyte	3	450/μL
	Total 100	15,000

menu Do the relative and absolute values have lsuhsc the same interpretation in this case? 2001

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The relative percentages for all cell types for this patient were within the reference range (i.e., normal).

However, in this case, there is neutrophila when converted to absolute numbers based on a total WBC count of 15,000/µL because:

 \Rightarrow segmented (mature) neutrophils = 9,750/µL which exceeds the reference range (1800 - 8000/µL)

 \Rightarrow band neutrophils = 750/µL which also exceeds the reference range (0 - 550/µL).





Given another patient whose total WBC is 15,000/μL,

and a relative distribution of leukocytes on the peripheral blood smear as shown below:

8.				
segmented neutrophils 75%	band neutrophils 5%	eosinophils 2%	lymphocytes 15%	monocytes 3%

How are these data interpreted?





Neutrophil (mature segmented)



Neutrophil (band)

5 (15,000 x 0.05) 750/μL



csw Isuhsc 2001 menu

Cell Type Relative % Absolute No.



Eosinophil

Lymphocyte



Monocyte

3

2

(15,000 x 0.03)

 $(15,000 \times 0.02)$



300/μL



15 (15,000 x 0.15) 2,250/μL

CSW Isuhsc Total WBC 1	5,000/μl	- x R	elative	%:
²⁰⁰¹ Cell Type Re	lative %)	Ab	solute No.
Neutrophil (mature segmented	75 d)	н	H 1	11,250/μL
hil (band)	5	Ν	Н	750/μL
il	2	Ν	Ν	300/μL
yte	15	L	Ν	2,250/μL
	3	Ν	Ν	450/ μL
Tot	tal 100			15,000/μL



Do the relative and absolute values have the same interpretation?

According to the relative percentages, this patient had <u>increased neutrophils</u> (neutrophilia) and <u>decreased lymphocytes</u> (lymphocytopenia).

When converted to absolute numbers based on a total WBC count of 15,000/μL,

- there is indeed neutrophilia (11,250/μL) which exceeds the reference range (11 - 5000/μL)
- but the number of lymphocytes (i.e., 2,250/ μ L) is within the reference range (1000-5000/ μ L).







What if the patient's total WBC is decreased? For example...

If a patient's total WBC count is 2,500/µL and the following relative distribution is found on the differential WBC count, what interpretation can be made regarding increased or decreased cell lines?



neutrophils



lymphocytes





How are these data interpreted?

According to the relative reference ranges (i.e., neutrophils 40-72% and lymphocytes 24-45%), the relative values for:

Neutrophils (50%) were within "normal" range.

Lymphocytes (50%) were increased.





neutrophils

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lymphocytes

Does this patient have <u>lymphocytosis</u>?

menu What was your evaluation? Isuhsc When evaluated with the total WBC count of $2500/\mu$ L, the absolute numbers are:



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neutrophils

lymphocytes

If you responded yes (i.e., lymphocytosis), you were wrong. The patient has neutropenia. Although the relative % of PMN is "normal", the absolute number (1250/ μ L) is less than the lower limit of "normal" $1800/\mu$ L).

Also, even though the relative % for lymphocytes is increased, the absolute number (1250/µL) is within "normal" range (1100 - 5000/μL).





Summary of relative % vs. absolute number:

An increase or decrease in a cell line is determined by the absolute number of that type of cell in circulating peripheral blood. To determine the absolute number, the total WBC count and frequency distribution must be determined.

Relative % is reliable as an indicator of normal only if both the percent and the total number of WBC are within normal.





End of Relative % vs. Absolute Number

This concludes the Introduction to the Differential WBC Count. Select one of the following:

Go to <u>Review of White Blood Cell Morphology</u>, the next section, to continue with the exercise as designed.

OR

Return to the Main Menu and make an alternate selection.





Review of WBC Morphology





What other study of WBC is included in a "diff"?

In addition to the differential WBC count, the leukocytes are examined as to maturity and morphology.

Are immature cells present? Do the cells show abnormal acquired or inherited morphologic alterations?





E.g., are the WBC mature or immature?



mature cells

or

immature neutrophils

For example, if the mature and immature menu lsuhsc cells shown in the example "diff" were present in the percentage shown below:



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What leukocytic cells can be identified?

mature







immature



metamyelocyte





band neutrophil





Are the immature cells shown in the example ever seen in normal blood?



band neutrophil (normally may be present in blood up to about 5%)



neutrophilic metamyelocyte (are <u>not</u> normally present in blood)



neutrophilic myelocyte (are <u>not</u> normally present in blood)



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Examples of acquired non-neoplastic alterations that can be differentiated on a "diff", e.g.?



neutrophil with Dohle bodies

menu

and toxic granulation



hypersegmented neutrophil





Examples of inherited abnormal non-Isuhsc neoplastic alterations of neutrophils that can be differentiated on a "diff".



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hyposegmented neutrophil in Pelger-Huet anomaly



cytoplasmic blue bodies in **May-Hegglin anomaly**





cytoplasmic large black granules in Chediak-Higashi syndrome

cytoplasmic black granules in **Alder-Reilly anomaly**







Examples of neoplastic WBC alterations that can be differentiated on a "diff":



hairy cell lymphocytes seen in hairy cell leukemia



Auer rods seen in some variants of acute myelocytic leukemias



Are cell types other than WBC differ-Isuhsc entiated and enumerated as part of the "diff"?



Although NRBC are not included in the 100 white blood cell count, identification and enumeration of the number of NRBC/100 WBC is a part of the information provided by a "diff". For example, the number of



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proerythroblast

basophilic erythroblast



orthochromatophilic erythroblast



polychromatophilic erythroblast









This concludes the CBC – Part 2 segment of the study module, "The Complete Blood Cell Count (CBC)".

Click on Main Menu to review a section.

OR







Additional modules of the CBC are presented in:

- CBC Part 1 The hemogram
- CBC Part 3 RBC morphology & platelet estimate
- CBC Part 4 Post-test

Review of "Hematology Atlas", a module on normal and abnormal blood cell morphology and maturation is recommended as a prerequisite for the CBC modules.

